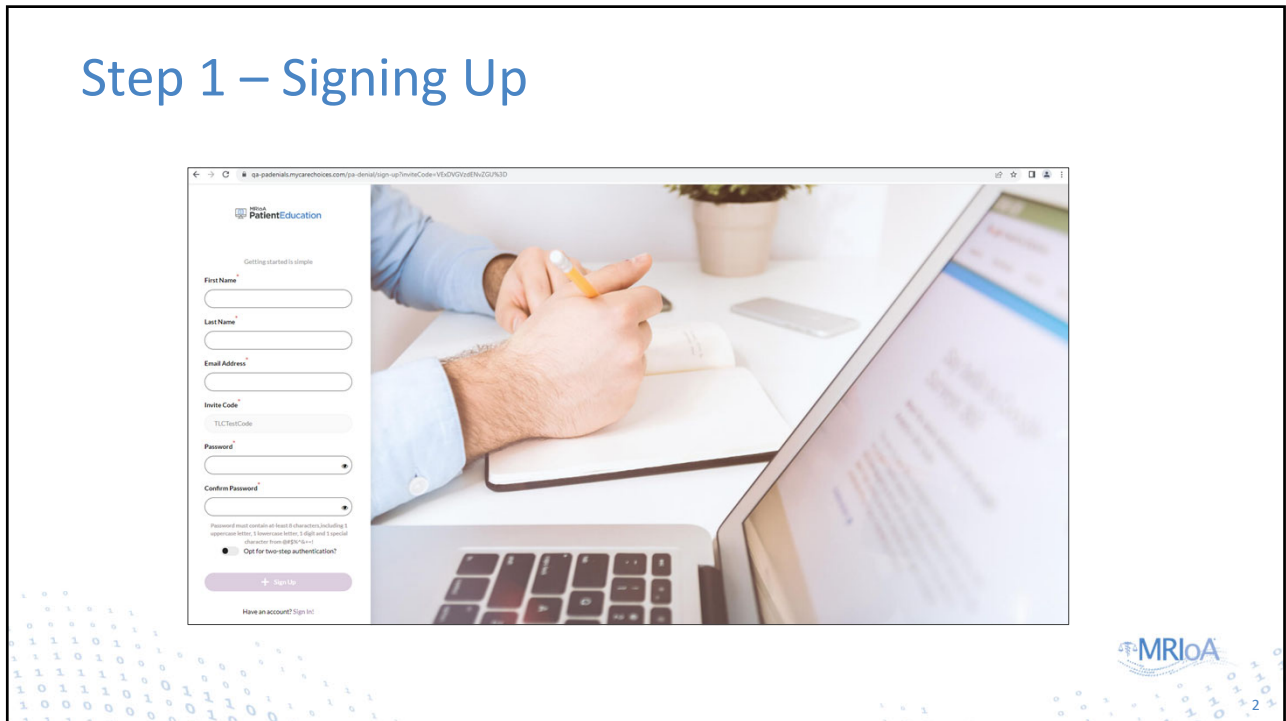




1



2

Step 2 – Select the Category and Procedure

Fill out personal information

By filling this out, the education platform will deliver content that is related to the health category you would like to know more about.

The form includes the following fields:

- Gender* (dropdown menu)
- ZIP Code** (text input)
- Category* (dropdown menu: Choose Category)
- Procedure* (dropdown menu: Choose Procedure)
- Condition* (dropdown menu: Choose Condition)
- Phone Number (text input: +1)
- Alternate Phone Number (text input: +1)
- Date of Birth* (text input: MM/DD/YYYY format)

A "NEXT" button is located at the bottom of the form.



3

Step 3 – Welcome to the Home Page

Health Education Library
Access over 1900 healthcare videos

Your Health Content
Delivered content based on your selections

Additional Programs
Click on the additional programs and benefits you have access to.

The home page features the following elements:

- Header: "Hi David, Welcome to MyCareChoices! We are here to help you with your important healthcare decisions."
- Navigation: "Home", "Educational Library"
- User Profile: "David Wall"
- Content Categories:
 - About Your Condition
 - About Your Procedure
 - Learn About Other Conditions
 - Learn About Possible Alternatives
 - Learn About Diagnostic Tests
- Programs Section: "Additional benefits and programs."
 - MyCareChoices**: YOUR 2ND OPINION. Powered by Medical Review Institute of America, LLC. Get a second opinion.
 - Benefit Solutions, Inc.**: TLC Benefit Solutions, Inc. (TLC)
 - aMDnet**: the doctor will see you now. Find a doctor near you.
- Second Opinion Callout: "Second Opinion! Protect yourself against misdiagnosis. Explore the best treatment options. Gain peace of mind. Get Second Opinion!"

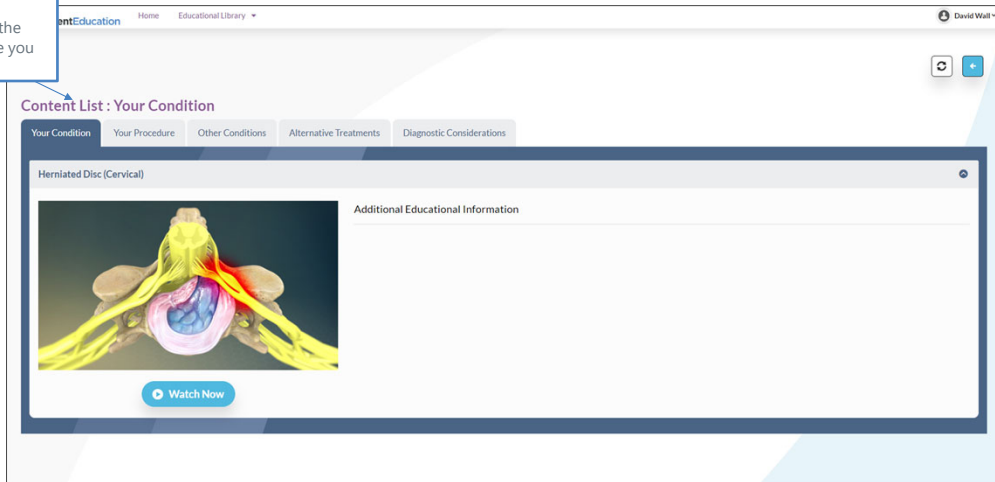
Start a second opinion
Start a second opinion for one of 38 procedures



4

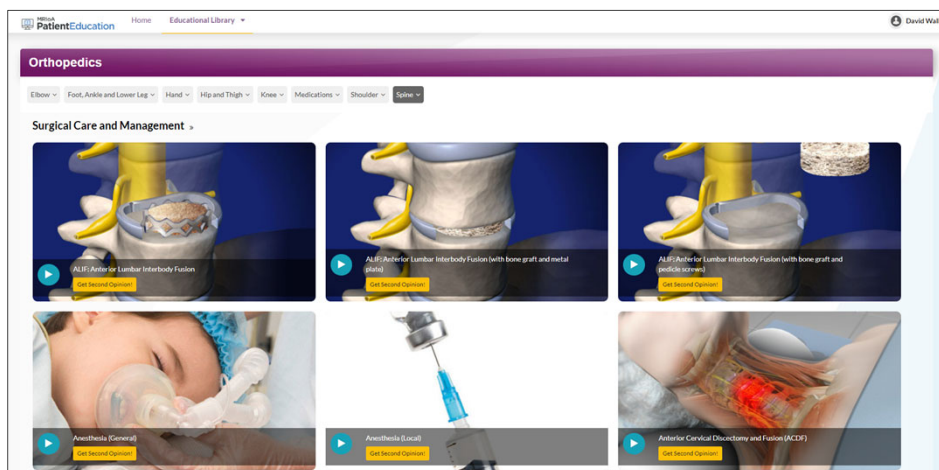
Step 4 – Navigating Your Selections

Your Condition
Easily navigate through the condition and procedure you selected during sign-up



5

Step 5 – Starting a Second Opinion



6

Step 6 – Second Opinion Confirmation

Second Opinion
Click to confirm you would like to start a second opinion

HI David, Welcome to MyCareChoices!
We are here to help you with your important healthcare decisions.

Confirmation
You would like to submit a request for a second opinion?

Yes No

MyCareChoices
YOUR 2ND OPINION
Powered by Medical Group
Institute of America, LLC
Get a second opinion

Benefit Solutions, Inc.
TLC Benefit Solutions, Inc. (TLC)

eMDnet
The doctor will see you now
Find a doctor near you.

MRIOA

7

Step 7 – Fill Out Personal Information

Personal Information
Answering these questions helps the specialist understand your symptoms, prior treatments and the concerns you have

Practice Company
TLC Benefit Solutions, Inc.

Specialty
Orthopedics - Spine

Procedure
Cervical Fusion (ACDF)

Conditions
Herniated Disc (Cervical)

Symptoms Checker
 Bone on Bone
 Feeling of Instability
 Grinding, Popping, Catching
 Impaired everyday activities, Walking, Standing, Lying Down
 Increased Pain Walking up Stairs
 Limited Range of Motion
 Limping
 Pain After Exercise or Usage
 Trouble Sleeping

Surgery Scheduled
Select Surgery Scheduled

Prior Treatment
 Aquatic Therapy
 Bracing
 Cortisone Injections
 Gel Injections
 OTC
 OTC Medications
 Physical Therapy
 Prescription Meds
 Prior Surgery

Imaging
Select Imaging

Concerns
 Effectiveness of Treatment
 Financial
 Have had Second Opinion
 Nervous about Surgery
 Ready for Surgery
 Recovery
 Risks / Complications
 Trust Specialist

Treating Provider
Treating Provider

Submit

MRIOA

8

Step 8 – Submit Second Opinion

Submit
Once you have filled out the information, hit submit and you are all set!



9

Step 9 – Confirmation

Confirmation
You have now successfully submitted a second opinion. You can now navigate other programs or additional video content



10

Navigating Education Platform

Additional Video Content
Watch as much content as you would like.

The screenshot displays a web-based educational platform. At the top, there is a navigation bar with 'Education', 'Home', and 'Educational Library' options. A user profile for 'David Wall' is visible in the top right corner. Below the navigation bar is a 'General Healthcare' section with a purple header. Underneath, there is a horizontal menu of medical categories including 'Bones and Joints', 'Brain and Mental Health', 'Digestive and Urinary Systems', 'Ear, Nose and Throat', 'Eye', 'Heart, Blood and Blood Vessels', 'Infectious Diseases and Parasites', 'Medical Emergencies', 'Medications', 'Overviews', and 'Quality of Care'. Below this menu is a 'Care and Management' section featuring a grid of six video thumbnails. The thumbnails are: 1. 'Absorbable Antibiotic Bead Treatment for Osteomyelitis' (showing surgical instruments and beads), 2. 'ACL Reconstruction (Arthro® TightRope®)' (showing a knee joint with a ligament repair), 3. 'ACL Reconstruction (Pubic Tendon Graft Technique)' (showing a knee joint with a tendon graft), 4. 'Bone Density Scan (DXA or DEXA)' (showing a porous bone structure), 5. 'Caring for Your Cast' (showing a foot in a cast with a person using a walker), and 6. 'CT Scan (Computed Tomography/CAT Scan)' (showing a patient on a table inside a CT scanner). The MRIOA logo is located in the bottom right corner of the screenshot area.